## **Every 1 deserves respect!** Most of us don't bully. **Be the 1** who recognizes bullying when you see it.



Bullying is
R-Repeated, happens more than 1 time, involves an
I - Imbalance of power between the people, and it's
P-Purposefully done to hurt a person.

If you see bullying, be the 1 to intervene, directly or indirectly. Make an anonymous report by:

- Dropping a note in your school's anonymous reporting box.
- Texting a message to CRIMES (274637). Your message must begin with SBBC, then a space, followed by the message.
- Emailing SIU at school911@browardschools.com.
- Calling SIU's Silence Hurts tip line at 754-321-0911.



For more information go to browardprevention.org.

## When 1 of us is bullied, we all hurt.



**Every 1** deserves to feel safe and respected.



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## **Every l can stop bullying!** Be the l to intervene in your own way.

show respect for all • post a kind word • "using that language is no joke" • walk between classes with the target • "you didn't deserve that" • walk away and don't participate • "please keep your hands to yourself" • get bystander to support the target • "I'm sorry, I don't understand w at" • tell the 19 anything?" • tell a trusteu auult mor to defuse aggressor to stop the situation alone" e the subject jressor 🔨 find more "allies now people Jet • help th SWay instead of judging the fell the target, and wal express your true feelings and beli ley, are vou 't buy into bla okay?" • don't laugt nething when <u>\</u> you see something • ciate it if you interven didn't say that word ep yourself 'S Off and others safe fr • refuse to forward or "like" hur o are different from you know peopl don't celebrate beir mean by record v friend • welcome the • make a new kid • "hi!" • help the target get away • don't laugh at another person's pain

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